Sonia Bhutani Mehta, finished schooling from the Lawrence School, Sanawar. She was awarded the best Art student and has participated in Gymnastics, athletics and basketball. She went on to study Political Science Honours from Lady Sriram College, New Delhi. She has worked as a News Producer with ANI / REUTERS and has covered civil aviation, environment and tourism. Sonia has produced a clip for Rio Earth Summit which was broadcasted on BBC many times.

As a realtor, she dealt with greenfield projects during the real estate boom in India 2004. She collects antique furniture and classical Indian art, and has held many shows around India.

